



Heritage YMCA Group

# Smoke Signals

Newsletter of the Big Teepee Federation  
Y Guides & Princesses



December 2008

Friends Always / Pals Forever

[www.bigtp.org](http://www.bigtp.org)

## I'm Dreaming of a Y Christmas

Can you imagine a better holiday activity than Mom, Dad and the kids Christmas caroling together in downtown Naperville?

This is a family event and is a great way for the family to maintain the Christmas spirit. As an added bonus, there are honor tribe points for attending this event. So bring your holiday cheer, wear your vests and join the fun.

Christmas Caroling Downtown Naperville will be held on Saturday, December 20<sup>th</sup>. We will be meeting at the Kroehler YMCA on Washington St. at 12:00pm.

The kids will do a simple festive craft between 12:00 and 12:30. The craft will be jingle bells the kids will use while we stroll and sing. We will leave the YMCA at 12:30 pm or so, and head towards the Riverwalk through downtown, stopping for a while on each street corner for some songs. We also plan to stop at the Riverwalk's main bridge where Santa's House is located. After our singing, we will return to the YMCA for hot cocoa and cookies. It doesn't get any better than this!

There will be song books printed up for

See Awesome Caroling on page 3

## Mom's Corner

Ladies - When is the last time you went out dancing with the man of the house? We've got a better offer for you. How about a night out with the boy of the house!!

Everyone knows how great our Daddy/Daughter Dances are; it is an all time favorite and one of our biggest events of the year. This year, we're letting Mom in on the action too.

Registration is now open for the 1st annual Y Guides and Princesses sponsored Mother/Son Dance at Kroehler Family YMCA in Downtown Naperville. Mark your calendar for Saturday February 21, 2009

See Mother / Son Dance on page 3

## Upcoming Events

### Christmas Caroling and Crafts

Saturday, December 20 - Kroehler YMCA  
Downtown Naperville



### Longhouse Meeting

Thursday, January 8 - Fry Family YMCA

### Wear Your Vest to School Day

Friday January 9, Your School

### Snow Moon Campout

Saturday, January 17 - Tecumseh, IN

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## Snow Moon Campout

The winter campout, on January 17<sup>th</sup>, is just around the corner at the beautiful YMCA Camp Tecumseh in Brookston, IN. Cabins have been reserved to accommodate 300 guests. The deadline for registration is January 13<sup>th</sup>, however we encourage everyone to register early as there is limited space. Registering early will help your tribe be assigned together to one cabin. Cabins are assigned as registrations are received. The cost depends on whether you are a Y member or not, how many days you stay, and how many children you bring. Refer to the registration form for cost details.

This is a phenomenal campsite with lots to do and a great place to be outdoors. Camp Tecumseh's 500 acre facility is situated on the Tippecanoe River just 15 minutes north of Lafayette, Indiana. Camp Tecumseh is far enough away from the bright lights of the big city, but close enough for reasonable travel times, providing a perfect location that is both convenient and serene. For directions and other general info, visit their website at [www.camp Tecumseh.org](http://www.camp Tecumseh.org) or go to our website at [www.bigtp.org](http://www.bigtp.org).

This is a great time to display your tribal property. Bring your tribal items, such as crafts, totem poles, banners, etc. to the large meeting room adjacent to the cafeteria. Judging will be held in the late afternoon on Saturday to award those tribes for best tribal property.

Build and decorate a "Snow Snake" for this year's competition. Although there is usually little snow at this campsite, the judging for looks, craftsmanship, and theme will still take place. Instructions on building a Snow Snake can be found at [www.bigtp.org](http://www.bigtp.org).

Various staffed program areas at the camp will be open on Saturday from 9-12 & 1-5, and on Sunday from 9-12. These areas include the "Bullet" and "Black Hole" sliding tubes, obstacle course, climbing walls (indoor & outdoor), a very safe 0.22 rifle range, horse-trail rides, archery, tree house and a nature center. There are more than 20 staff members, most of them nearby college students, who operate the program. All you need to do is show up, relax and have fun.

Except as noted, all of the activities are included with your registration fee. The rifle range is \$0.75 per ticket (10 shots) and can be purchased at the Trading Post (camp store). Once you have your rifle tickets you can use them at the range any time the staffed program areas are open. The horse trail rides are \$8.00/each and must be purchased at the Trading Post as well. Riders must be 7 or older to ride a horse on their own. If they are not 7, then the dad will need to walk along beside the rider. Sign up and pay ASAP to lock in a horse-trail riding time slot for your entire tribe.

If you are planning on arriving on Friday, you can indicate such on the registration form. The fee is \$40 for the extra night stay. If you arrive Friday evening, pizza can be ordered in from an "in town" pizzeria. Saturday breakfast is at 8:00 am. Meals on Saturday are at 12:00 and 5:30 pm. Remember, this part of Indiana is on EST.

After dinner on Saturday night the annual girl's chant contest will take place. This event provides the girls with an opportunity to sing, dance, and act. Skits or songs are encouraged but the girls can be as clever and creative as they want. The dads are welcome to participate. The winning tribe this year will win a free night of swimming for the entire tribe at the YMCA.

Immediately following the chant contest, relax and enjoy exciting entertainment for young and old alike. To complete the evening, there will be a late movie suitable for the kids. (Continued on page 3)

everyone. All the songs will be text-only and very familiar tunes that everyone should know. The kids will learn quickly even if they can't read yet. The songs will all be standard Christmas tunes that will sound great ... regardless of the singing talent!

Dress warmly. In the event the weather is too cold, we will still do the craft, perhaps perform a few songs on the Y steps and then go right to the cookies and chocolate. If we do head out, there are tons of opportunities to warm up inside the businesses downtown. Everyone is encouraged to wear something festive. Santa Hats, Reindeer antlers, elf ears, whatever you happen to have.

This event is for the children's enjoyment only. We will not be selling anything, soliciting donations, or any other charitable activity. This is simply a memory moment and will make the holidays even brighter for the kids.

**Dan Tuskey**  
**Desert Nation Chief**

### Free Pool Parties

As an added incentive to attend our Longhouse meetings, at each meeting there will be a drawing for a free pool party at the YMCA for your tribe. You have to be present to win and this prize can be won more than once a year. See you **January 8<sup>th</sup>** for the next drawing.

from 7:00-10:00 pm. The event will consist of a DJ, refreshments, games, and a photographer to capture the memory of this special night.

All proceeds of this event will go to support the YMCA Strong Kids campaign (see p.6) and Chief Joseph Standing Bear's Bison herd.

We will need help in decorating the gym. Please bring your tribal property for display; these could be your banners, drums, snow snakes, noisy sticks or any other tribal property you might have. Also please bring a roughly 2 ft x 3 ft poster board containing a collage of pictures from your past tribal events. We will hang these on the walls to show Mom the great fun we have.

Remember, this dance is open to the general public, so Mom's can invite their friends, neighbors and relatives. This will be a great recruiting event for our program

The cost will be \$15 for YMCA member and \$7 for every additional child. If you are not a member of the YMCA the cost is \$20 and \$9 for every additional child. The registration form is in the back. If you have any questions about this event please contact Shane Loy.

### Snow Moon Campout - From page 2

Breakfast on Sunday is at 8:00 am followed by a 9:00 am church service at the Chapel.

To break up the return trip, consider stopping at Fair Oaks Farm in Indiana for lunch, a tour, and ice cream. It is a fully functional, modern dairy farm. It is definitely a visit that will interest both the children and dads. See [www.fofarm.com](http://www.fofarm.com).

Each tribe will be assigned a cabin so please register early to ensure your group will be placed together. A registration form is attached.

**Don Mitchell**  
**Mesa Nation Chief**

**Say It Loud;  
We're Y & We're Proud**

Why do only the kids get to have all the fun designing patches for the Y Guides & Princesses events? Well, we've got a grown up design contest just for the big people.

You've all seen them, those white decals on the back of everybody's rear window proudly promoting their child's sports team, school or program. Well we are proud of our Y Guides and Princesses program and we want to display it proudly too. To this end we are having a decal design contest. Here are the rules

1. Your decal design will be a white design on a black background
2. You must submit your entry no later than Jan 16, 2009
3. The design must include reference to the Y or have the Y symbol.

Submit your design via e-mail to Shane Loy or by mail to

Shane Loy  
c/o The Field House Family YMCA  
31W290 Schoger Dr.  
Naperville, IL 60564

or bring to the January 8 Longhouse Meeting at the 95th St. (Fry Family) Y at 7PM

The participants at the February 5 Longhouse meeting will select the best design.

Once produced , the decals will be available at cost to place on your car.

**Jim Fillar  
Federation Chief**

**This Could Be Your Last Smoke !  
Registration Fees Going Up !**

We know how things can just slip by. However if you have not registered for the Y Guides and Princesses program yet, be aware that after February 1<sup>st</sup> registration fees to join the program for the balance of this season will rise. The current registration fee of \$70 for non-Y members and \$35 for Y-members, will increase to \$100 and \$50 respectively. Also, this will be your last Smoke Signals mailed to your home unless you register for the program.

Remember, you will not be permitted to attend any remaining Federation sponsored events unless you are registered for the program.

Avoid these extra fees....register now!

**That's "My Patch".. Design Contest**

Calling all artists!! Please submit your entries for the Snow Moon Campout patch design contest. Entry forms can be found on our website [www.bigtp.org](http://www.bigtp.org) under on the main page in the top left hand corner. So download a form, have your child design the patch, and turn them in to the closest Y by the due date. Deadline for this campout is 12/17.

We have these contests for every Y sponsored event and every child can enter to win. Having your design chosen and displayed on everyone's vest is really COOL. This can even make a great craft project for your next tribal meeting.

**Christopher Bachmann  
Assistant Federation Chief**

## Wear Your Vest to School Day

For the second consecutive year we would like all of our princesses and braves to wear their vests to school before all the major federation events. To keep the momentum going, we are asking the kids to wear their vests on **Friday, January 9<sup>th</sup>**; this is ahead of our Snow Moon Campout scheduled for January 17th. We want our kids to share their excitement about the program with their friends and we hope the vests will stir interest and conversation about the program. We think there is nothing better than word of mouth from the kids in our program to their peers to recruit new members.

### Honor Tribes

The purpose of the honor tribe program is to recognize those tribes who are working to improve, strengthen and grow the program. Therefore, points are awarded to tribes for activities that help in running the program, improve its quality, or help make the program more visible to the rest of the community.

To earn an honor tribe patch, a tribe will need to accrue 10 or more points in a year.

Points will be awarded for the following activities;

- 2 pts for helping out at a campout or Federation event.
- 2 pts for each new member placed into your tribe.
- 2 pts for a community service project.
- 1 pt for each longhouse meeting a tribal representative attends.
- 1 pt for having a winning patch design from your tribe.
- 1 pt for marching in a parade.
- 1 pt for Christmas caroling.

Congratulations to the following tribes for reaching Honor Tribe status and earning their honor patch for this season.

**Ogalala, Arapaho, Cayuga, Chickasaw,  
Sekani, Miami, Chippewa**

Report your honor tribe events to me so we can keep an accurate tally.

**Scott Grumbles Of the Sekani**

### Late-Night at the YMCA

The Late Night event in November was a great success. Roughly 160 dads and kids enjoyed a night out with swimming, the passport to fun, gym games, crafts, pizza, pop, and a magic show by Jake Prosek.

Remember our next Late Night will be "Canoe on Wheels" (pine wood derby racing) in March.



Magic Show



## Support YMCA Strong Kids

The Y Guides and Princesses program supports the YMCA's **Annual Strong Kids Campaign**. Through your support of the Strong Kids Campaign, the YMCA insures that no one will be turned away from a YMCA membership or program due to the inability to pay. This year over \$500,000 will be provided to kids and families to help improve their quality of life and help them realize their full potential through YMCA programs, like the Y Guides and Princesses!

For 2008 - 2009, Strong Kids Patches for your vests are available for a donation of \$10. This money will go 100% to provide fee assistance to those less fortunate so they too can benefit and grow by participating in YMCA programs. Uncle Sam supports your efforts by making your contribution tax deductible.

For those tribes that participate, Honor Points will be awarded and outstanding contributors will be published in the **Smoke Signals**. The GOAL from our membership is to raise \$1,000. Help us help build strong kids, strong families, and a stronger community!

So far this season we have collected **\$642** to support Strong Kids.

Use the event registration forms throughout the season to order.

Strong Kids Patch....don't get caught without one!

### 2008 - 2009 Federation Council

Federation Chief/Smoke Signaler	Jim Fillar	<a href="mailto:jfillar@sbcglobal.net">jfillar@sbcglobal.net</a>	630-416-1709
Assistant Chief	Chris Bachmann	<a href="mailto:c.bachmann@motorola.com">c.bachmann@motorola.com</a>	630-926-6627
Prairie Nation Chief	Drew Bruozis	<a href="mailto:abruozis@speakeasy.net">abruozis@speakeasy.net</a>	630-778-6450
Forest Nation Chief	Marc Cooperman	<a href="mailto:mcooperman@bannerwitcoff.com">mcooperman@bannerwitcoff.com</a>	312-463-5000
Plains Nation Chief	David Lakin	<a href="mailto:davidalakin@aol.com">davidalakin@aol.com</a>	630-579-8099
Lake Nation Chief	Jim Murphy	<a href="mailto:jmurphy6872@wideopenwest.com">jmurphy6872@wideopenwest.com</a>	630-416-8490
Desert Nation Chief	Dan Tuskey	<a href="mailto:dtuskey@live.com">dtuskey@live.com</a>	630-687-5220
Mesa Nation Chief	Don Mitchell	<a href="mailto:dmitchel@fnal.gov">dmitchel@fnal.gov</a>	630-983-1740
Scout	Drew Bruozis	<a href="mailto:abruozis@speakeasy.net">abruozis@speakeasy.net</a>	630-778-6450
Sand Painter	Scott Grumbles	<a href="mailto:s.grumbles@comcast.net">s.grumbles@comcast.net</a>	630-717-5223
Medicine Man	Bill Blount	<a href="mailto:bill_blount@yahoo.com">bill_blount@yahoo.com</a>	630-649-9353
Web Spinner	Mark Wright	<a href="mailto:markwri@yahoo.com">markwri@yahoo.com</a>	630-922-1259
Sachem	Barry Druhan	<a href="mailto:bdruhan@adaptivesim.com">bdruhan@adaptivesim.com</a>	630-375-9703
Native American Agent	Shane Loy	<a href="mailto:sloy@heritageymca.org">sloy@heritageymca.org</a>	630-355-2559

**YMCA Mission** To enhance the quality of life for families through programs reflecting Christian principles  
*to build healthy spirit, mind, and body for all.*

Safe 'n Sound • Heritage YMCA Group  
P.O. Box 838 • Naperville, IL 60566  
(630) 355-2559



**HERITAGE YMCA GROUP**  
**Y Guides & Princesses - Registration**  
**Christmas Caroling**  
**Winter Campout**  
**Daddy/Daughter & Mother/Son Dances**



**Return this form and fees to your local Heritage YMCA Group facility or fax to Shane Loy at 630.585.5560.**

The YMCA accepts its responsibility to create an environment where models of acceptable behavior are found, and prohibits its staff, volunteers, and participants from consuming alcohol at YMCA events. The Alcohol Policy will be enforced at each event.

<b>Father/Child Name:</b> _____	<b>Tribe:</b> _____
<b>Tribe Chief Name</b> _____	<b>Phone #</b> _____ <b>New Member: Yes No</b>

Event	Code	#	Cost	Total (\$)
Christmas Caroling and Crafts	08Oct 2992		Free!!	Free !!
<b>Snow Moon Campout</b>				
<b>Sat/Sun; Jan 17-18 (Y member)</b>	08Jan 2990		\$110 father/child; \$20 ea addn child	
<b>Sat/Sun; Jan 17-18 (non Y member)</b>	08Jan 2990		\$120 father/child; \$30 ea addn child	
<b>Fri/Sat/Sun; Jan 16-18 (Y member)</b>	08Jan 2991		\$150 father/child; \$40 ea addn child	
<b>Fri/Sat/Sun; Jan 16-18 (non Y member)</b>	08Jan 2991		\$160 father/child; \$50 ea addn child	
<b>Dances</b>				
<b>Daddy/Daughter; Sat Feb 7 (Y member)</b>	08Jan 2992		\$14 father/child; \$6 ea addn child	
<b>Daddy/Daughter; Sat Feb 7 (non Y member)</b>	08Jan 2992		\$18 father/child; \$8 ea addn child	
<b>Mother/Son; Sat Feb 21 (Y member)</b>	08Jan 2993		\$15 father/child; \$7 ea addn child	
<b>Mother/Son; Sat Feb 21 (non Y member)</b>	08Jan 2993		\$20 father/child; \$9 ea addn child	
<b>Strong Kids Patch - Help the YMCA never turn down anyone for a program due to the inability to pay.</b>			\$10 - voluntary donation for each patch	
<b>Total</b>				

<b>Payment Type:</b> <input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Credit Card # _____ <b>VISA-MC-Discover Exp #</b> _____	<b>Total Paid:</b> _____
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Participants or guardian assumes all risks of injury arising out of his or her presence on or about the premises or at another location, use or intended use of equipment and facilities, or his or her participation in the activities of the Heritage YMCA Group, an Illinois chartered not for profit corporation and does hereby for himself, herself, heirs, executors and administrators waive, release, and agree to hold free from all claims for damaged the Heritage YMCA Group, and its representative officers, directors, Trustees, Board of Directors, members, employees, or agents. I hereby allow the YMCA to take pictures (still or video) of myself and/or my children and grant permission for these images to be used in YMCA publications, presentations, publicity, or promotions. I have answered all above questions accurately, declare myself/family to be physically sound, having medical approval to engage in YMCA activities, have read the information above agreeing for myself and as a chosen representative for my family to the policies and procedures of the Heritage YMCA Group.

**Signature of Participant (18 and over) or Guardian**

<b>Employee Use:</b>
Initials: _____
Today's Date: _____
Center: _____

Y-Guides and Princess  
Heritage YMCA Group  
31 W290 Schoger Dr.  
Naperville, IL 60564

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**Our Mission**

*To enhance the quality of life for families through programs reflecting Christian principles to build healthy spirit, mind, and body for all.*  
Field House • 31W290 Schoeger • Naperville, IL 60564 • (630)585-2347 • Fax (630)585-5560

**2008 - 2009 Remaining Schedule of Events**

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Notes / Time / Sponsor</b>
Sat, Dec. 20 <sup>th</sup>	<b>Caroling and Crafts</b>	Kroehler Y	12PM - Crafts, Snacks after - Desert Nation
Thurs, Jan 8 <sup>th</sup>	Longhouse Meeting	Fry YMCA	7 PM - Tribe Chief or rep attend.
Fri, Jan. 9 <sup>th</sup>	Wear Your Vest to School	Your School	Wear your vest to school to promote the program.
Sat, Jan. 17 <sup>th</sup>	<b>Snow Moon Campout</b>	Tecumseh	Camp Tecumseh, Brookston IN - Mesa Nation
Thur, Feb. 5 <sup>th</sup>	Longhouse Meeting	Fry YMCA	7 PM - Tribe Chief or rep attend.
Sat, Feb. 7 <sup>th</sup>	<b>Father/Daughter Dance</b>	Naperville	Washington Jr. High, - Desert Nation
<b>Sat, Feb 21<sup>st</sup></b>	<b>Mother / Son Dance</b>	<b>Kroehler Y</b>	<b>7PM - Kroehler YMCA - Plains Nation</b>
Thur, Mar. 5 <sup>th</sup>	Longhouse Meeting	Fry YMCA	7 PM - Tribe Chief or rep attend.
<b>Sat, Mar 21<sup>st</sup></b>	<b>"Canoe on Wheels"</b>	Field House	Pinewood derby and more: Forest & Lake Nations
Thur, Apr 2 <sup>nd</sup>	Longhouse Meeting	Fry YMCA	7 PM - Tribe Chief or rep attend.
<b>Apr TBD</b>	<b>TBD</b>	<b>TBD</b>	<b>Details TBD - Plains Nation</b>
Thur, May 7 <sup>th</sup>	Longhouse Meeting	Fry YMCA	7 PM - Tribe Chief or rep attend.
Fri, May 8 <sup>th</sup>	Wear Your Vest to School	Your School	Wear your vest to school to promote the program.
Sat, May 16 <sup>th</sup>	<b>Planting Moon Campout</b>	Stronghold	Stronghold Campground Oregon, IL - Prairie Nation
Sun, May 31 <sup>st</sup>	<b>Memorial Day Parade</b>	Naperville	10 AM at Centennial Beach - Mesa Nation