



Heritage YMCA Group

# Smoke Signals

Newsletter of the Big Teepee Federation

Y Guides & Princesses



January 2008

Friends Always / Pals Forever

[www.bigtp.org](http://www.bigtp.org)

## Wear Your Vest to School Day

As part of our "awareness" campaign this year, we would like all of our princesses and braves to wear their vests to school before the major federation events. Our first "wear your vest" day of 2008 will precede the Snow Moon Campout. We are asking the kids to wear their vests to school on **Tuesday, January 8th.**

We want our kids to share their excitement about the program with their friends and we hope the vests will stir interest and conversation. We think there is nothing better than word of mouth from the kids in our program to their peers to recruit new members.

## Mom's Corner

Hey Moms, do you have a sibling that is too young or too old for Y-Guides and Princesses? Make meetings nights special for the ones that are left behind. You might find that they look forward to some quality one-on-one time; catch a movie, go out to eat, or just plan a fun night at home.

Also, if you control the calendar (and we know you do), be sure to pencil in February's popular events: **the Daddy-Daughter Dance**, and **the Pinewood derby**. This year the theme for the derby is "Canoe-on-Wheels." It is sure to be fun, and the Daddy-Daughter dance is a huge hit with every little princess.

## Snow Moon Campout

The winter campout is just around the corner at beautiful YMCA Camp Tecumseh in Brookston, IN. on January 12-13. This is a phenomenal campsite with lots to do and a great place to be outdoors. Camp Tecumseh's 500 acre facility is situated on the Tippecanoe River just 15 minutes north of Lafayette, Indiana. Camp Tecumseh is far enough away from the bright lights of the big city, but close enough for reasonable travel times, providing a perfect location that is both convenient and serene.

For directions and other general info, visit their website at [www.camptecumseh.org](http://www.camptecumseh.org) or go to our website at [www.bigtp.org](http://www.bigtp.org). Friday arrivals are permitted for an extra fee.

(See Snow Moon Campout - Page 2)

## Upcoming Events

### Longhouse Meeting

Thursday, January 3<sup>rd</sup>  
Kroehler YMCA

### Wear Your Vest To School Day

Tuesday, January 8th

### Snow Moon Campout

Sat-Sun, January 12-13  
Camp Tecumseh YMCA  
Brookston, IN

## Daddy Daughter Dance

If you have never experienced a daddy-daughter dance before this is one event that you do not want to miss. My daughter looks forward to this event every year, and has still yet to forgive me for the one that I missed. Here are some tips if you've never been:

- Dress nicely
- take her out to a fancy dinner
- score points with a corsage (a small wrist type works best)
- score more points with a bouquet for mom as long as you're picking out flowers
- don't be a wall flower...in case you learned nothing from all of those high-school dances and college socials...all girls love to dance.

## Decorations for the dance

If your princess tribe is looking for a craft for January, consider making hearts to decorate the dance hall. Have each girl make a big heart on a poster board, complete with "Big Bear + Star Flower" scrawled in the middle (of course you'd want to substitute your own names there).

## Dance Info

Saturday, February 16<sup>th</sup> 2008, 7:00pm - 9:00pm  
Washington Jr. High  
Registration Forms will be available on the website or at any YMCA.

Remember, you've only got a few more years left of her believing you're greatest dad in the world. Of course maybe you'll get lucky and she'll always believe that.

## Pine Wood Derby

Details for the Pinewood Derby "Canoe on Wheels" event will be available on the website soon. Kits can already be obtained from the YMCA. Call Shane to check on availability.

(Snow Moon Campout - From Page 1)

This is the campout to bring and display your tribal property such as banners, totem poles, drums and "snow snakes". Bring your tribal property to the large meeting room behind the cafeteria. Judging will be held in the early afternoon on Saturday to award those tribes for best tribal property.

Here's an easy one...have each member of your tribe make a section of a totem pole by decorating an oatmeal box. Make a stand from a wood base and a broom handle. Cut a quarter sized hole in the top and bottom of each totem and stack 'em up.

For more information on "snow snakes", go to [www.bigtp.org/snow\\_snake.htm](http://www.bigtp.org/snow_snake.htm).

Various staffed program areas at the camp will be open on Saturday from 9-12 & 1-5, and on Sunday from 9-12. These areas include the "Bullet" and "Black Hole" sledding tubes, obstacle course, climbing walls (indoor if the weather is bad), 0.22 rifle range, horse trail rides, archery, and a nature center. There about 20+ staff (most of them nearby college students) that operate the program areas. All that you need to do is show up at the various areas and have fun.

Except as noted, all of the activities are free of charge. The rifle range is \$0.75 per ticket (10 shots) and can be purchased at the Trading Post (camp store). Once you have your rifle tickets you can use them at the range any time the staffed program areas are open. The horse trail rides are \$8.00/each and must be purchased at the Trading Post as well. Riders must be 7 or older to ride a horse own their own. If they are not 7, then the dad will need to walk along beside the rider.

If you arrive Friday evening, Saturday breakfast is at 8:00 am. Meals on Saturday are at 12:00 and 5:30 pm. Remember, this part of Indiana is on EST.

After dinner on Saturday night, relax and enjoy exciting entertainment for young and old alike.

Breakfast on Sunday is at 8:00 am followed by an 8:45 am Chapel.

Each tribe will be assigned a beautiful cabin so please register early to ensure your group will be placed together. A registration form is attached to this newsletter.

## Patch Design Contest

Calling all artists!!

For each Y sponsored event attended, the program provides a patch for Dad and the kids to proudly place on their vests. For each event, we have a contest that every child can enter for the best patch design. All of the contest forms are available in advance on our website at [www.bigtp.org](http://www.bigtp.org).

Go to the patch design page, download a form, have your child design the patch, and turn them in to the closest Y by the due date. This can even make a great craft project for your next tribal meeting.

Good Luck !!

## Strong Kids

During our first months of the new season we have collected \$247 toward Strong Kids.

All money collected will go towards helping the YMCA never turn down someone for any program or membership, due to the inability to pay. We will continue supporting Strong Kids for the upcoming season with a goal of contributing \$1,000.

You can purchase a Strong Kids patch by adding \$10 to the event registration form at the back of this newsletter. Your patch will be mailed to you. We will also sell \$10 tax deductible patches at each event.

Please continue to support this worthy cause through purchases of the Strong Kids patches. If your entire tribe purchases patches, let us know, we'll publish your good deed in the Smoke. JF

## Y - Guides and Princesses Nation Map

### Prairie

#### Chief - Chris Bachmann

Chickasaw (P)  
Choctaw (P)  
Kaskaskia (P)  
Omaha (P)  
Onondaga (P)  
Powhatan (P)  
Seneca (C)  
Shawnee (P)

### Desert

#### Chief - Tom Schrey

Anasazi (P)  
Apache (P)  
Aztec (C)  
Cherokee (P)  
Havasupai (P)  
Hopi (C)  
Inuit (P)  
Shasta (P)  
Sioux (P)  
Tonkawa (P)  
Zuni (P)

### Mesa

#### Chief - Brian Shapley

Hunk Pa Pa (P)  
Illinois (P)  
Mojave (P)  
Ottawa (P)  
Potawatomi (P)  
Teton (P)  
Ute (P)  
Seminole (P)  
Yakima (P)

### Plains

#### Chief - Carmen Pino

Blackfoot (G)  
Chickasaw (G)  
Chippewa (C)  
Coyote (G)  
Ho-Chunk (G)  
Iowa (G)  
Miami (G)  
Seneca (G)  
Meadow Glens (G)

### Forest

#### Chief - Marc Cooperman

Cherokee (G)  
Choctaw (G)  
Dakota (G)  
Delaware (C)  
Illini (G)  
Seminole (G)  
Shawnee (G)  
Onondaga (G)  
Yakama (G)

### Lake

#### Chief - Steve Mallin

Apache (G)  
Blackhawk (G)  
Kickapoo (G)  
Lakota (G)  
Mohican (G)  
Potawatomi (G)  
Sioux (G)  
Ute (G)  
Zuni (G)

(P) - Princesses, (G) - Guides, (C) - Co-ed

## Honor Tribes

To provide recognition for those tribes who are working to improve, strengthen, and grow the program, we have an Honor Tribe program. Recognition will be bestowed upon tribes that consistently contribute to running the program, improve the quality of the program, or make the program more visible to the community.

In each Smoke Signal those tribes having earned an Honor Tribe patch will be recognized.

To earn an Honor Tribe patch your tribe will need to accrue 10 or more points in a year. Points will be awarded for the following:

Two Points For:

- Volunteering & helping at an event.
- Each new member added to your tribe.
- A tribal community service project

One Point For:

- Each longhouse meeting attended by a representative from your tribe.
- A winning patch design from your tribe.
- Marching in a community parade.
- Participating in the Christmas caroling.

For a tribal community service project, we would like to publicize any such activity in the Smoke Signals. If your tribe participates in a community service project, send us a short e-mail with the details and we will publish it in the next Smoke Signals.

Outside of Long House meetings, report you honor tribe events to me so we can keep an accurate tally

**Brian Shapley - Mesa Nation Chief**  
**Running Bear Jr. of the Hunkpapa**

## 2007 - 2008 Federation Council

Federation Chief	Barry Druhan	bdruhan@adaptivesim.com	630-375-9703
Asst Chief	Jim Fillar	jfillar@sbcglobal.net	630-416-1709
Prairie Nation Chief	Chris Bachmann	c.bachmann@motorola.com	630-926-6627
Forest Nation Chief	Marc Cooperman	mcooperman@bannerwitcoff.com	312-463-5000
Plains Nation Chief	Carmen Pino	carpin31@comcast.net	630-922-6264
Lake Nation Chief	Steve Mallin	stevenpjm@aol.com	630-327-2210
Desert Nation Chief	Tom Schrey	tschrey@starpointechicago.com	630-885-9094
Mesa Nation Chief	Brian Shapley	bshapley2857@wideopenwest.com	630-416-9908
Scout	Drew Bruozis	abruozis@speakeasy.net	630-778-6450
Sand Painter & Medicine Man	open		
Web Spinner	Mark Wright	markwri@yahoo.com	630-922-1259
Sachem	Rob Darlin	rdarlinjr@yahoo.com	312-752-7129
Native American Agent	Shane Loy	sloy@heritageymca.org	630-355-2559

**YMCA Mission - To enhance the quality of life for families through programs reflecting Christian principles.**

***To Build Healthy Spirit, Mind, and Body for All.***

Safe 'n Sound • Heritage YMCA Group

P.O. Box 838. • Naperville, IL 60566

(630) 355-2559

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## The Gift of Knowledge

This article is worth another look. Thanks go out to Jim Fillar for taking the time to put together an excellent collection of resources. The Y Guide and Princess program encourages tribes to teach and learn of Native American culture. A good first try at this is to study and teach your children about your own tribe. Reading is a great way to start; here are some suggested readings on Native American culture for young children.

Though some are coming-of-age stories and others retellings of traditional myths, these books about native peoples all over North America emphasize the powers of Mother Nature and the tremendous strength of one's own spirit.

### Picture Books

***Arrow to the Sun*** - A Pueblo Indian Tale by Gerald McDermott. Illuminate your senses with this Caldecott-winning myth about the origins of the sun.

***Girl Who Loved Wild Horses*** by Paul Goble - Experience the brisk beauty in this Caldecott winner's depiction of a spirited, horse-loving girl. Learn more.

***The Mud Pony*** by Caron Lee Cohen - Witness the miraculous transformation of mud to horse, and the life-changing effect it has on a Pawnee boy.

***Paddle-to-the-Sea*** by Holling C. Holling - Discover the extraordinary, Caldecott-honored voyage of a toy canoe navigating the waters from Lake Michigan to the Atlantic.

***The Turkey Girl***: A Zuni Cinderella Story by Penny Pollock. Don a doeskin gown, and go to the Dance of the Sacred Bird.

***The Wave of the Sea-Wolf*** by David Wisniewski - Ride the beautiful paper-cut waves in this evocative and beautifully illustrated Tlingit myth.

### Chapter Books

***The Birchbark House*** by Louise Erdrich - Spend a year with the Ojibwa tribe — through playing with ravens, berry-picking, bear attacks, and smallpox outbreaks.

***Dogsong*** by Gary Paulsen - Join the harrowing, enlightening, Newbery-honored journey of an Inuit boy searching for himself and his heritage.

***The Girl Who Married the Moon***: Tales From Native North America by Joseph Bruchac and Gayle Ross - Understand the influence of Native American women in 16 stories of adventure, romance, and rites of passage..

***Island of the Blue Dolphins*** by Scott O'Dell - Experience the calm, strength, and splendor of this Newbery Award-winning novel about a Native American girl's 18-year stay on an abandoned island.

***Julie of the Wolves*** by Jean Craighead George - Straddle the chasm between traditional and modern, Eskimos and white people, in this Newbery Award-winning book about a girl finding herself in the tundra..

***Skeleton Man*** by Joseph Bruchac - Venture into this spine-tingling mystery that can only be unlocked by Mohawk lore.

***Smiler's Bones*** by Peter Lerangis - Uncover the true story of an Eskimo boy who is treated like an artifact, not a human, at the Museum of Natural History. Learn more.

***The World Before This One: A Novel Told in Legend*** by Rafe Martin. Weave through 14 Seneca tales that pack one spellbinding punch.

Other learning venues available to you are local museums such as the Schingoethe Center for Native American Cultures at Aurora University or websites such as [www.native-languages.org/kids.htm](http://www.native-languages.org/kids.htm)

## 2007 - 2008 Schedule of Events

Fri, Aug 31	<b>Wear Your Vest to School Day!</b>		
Mon, Sept 3	<b>Labor Day Parade</b>	see www.bigtp.org	see www.bigtp.org
Thur, Sept 6th	<b>Information Night</b>	7:30pm	Oswego Family YMCA
Sat, Sept 8th	<b>Information Night</b>	1:00pm	Fry Family YMCA
Tues, Sept 11th	<b>Information Night</b>	7:00pm	Kroehler Family YMCA
Thur, Sept 13th	<b>Longhouse Meeting</b>	8:00 - 9:00 PM	Kroehler Family YMCA
Sept 29-30	<b>Harvest Pow Wow</b>	11am to 10pm on Sat. 12pm to 5pm on Sun.	Naper Settlement
Sat-Sun, Oct 6-7	<b>Harvest Moon Campout</b>	Lake, Forest, and Prairie Nations	White Oak Campground Utica, IL
Sat-Sun, Oct 13-14	<b>Harvest Moon Campout</b>	Desert, Mesa, and Plains Nations	White Oak Campground Utica, IL
Thur, Nov 1	<b>Longhouse Meeting</b>	8:00 - 9:00 PM	Kroehler Family YMCA
Sat, Nov 10th	<b>Guides Late Night</b>	8:00pm-11:00pm	Fry Family YMCA
Sat, Nov 17th	<b>Princess Late Night</b>	8:00pm-11:00pm	Fry Family YMCA
Sat, Dec 15th	<b>Water Park</b>		Grand Bear Lodge, Utica IL
Thur, Jan 3	<b>Longhouse Meeting</b>	8:00 - 9:00 PM	Kroehler Family YMCA
Tues, Jan 8	<b>Wear Your Vest to School Day!</b>		
Sat-Sun, Jan 12-13	<b>Snow Moon Campout</b>		Camp Tecumseh YMCA Brookston, IN
Sat, Feb 9th	<b>Rock Climbing, Pinewood Derby, Late Night</b>	8:30pm-10:30pm	Field House Family YMCA
Sat, Feb 16th	<b>Daddy Daughter Dance</b>	7:00pm-9:00pm	Washington Junior High
Thur, Mar 6	<b>Longhouse Meeting</b>	8:00 - 9:00 PM	Kroehler Family YMCA
March TBD	<b>Museum Overnight</b>	TBD	TBD
Sat, Apr 19th	<b>Movie Night</b>	TBD	IMAX or Field House
Thur, May 1	<b>Longhouse Meeting</b>	8:00 - 9:00 PM	Kroehler Family YMCA
Thur, May 1	<b>Wear Your Vest to School Day!</b>		
Sat-Sun, May 17-19	<b>Planting Moon Campout</b>	All Nations	Stronghold Campground, Oregon, IL

### Patches, Patches, Patches

During the course of our season, we will distribute thousands of patches to our dad's and kids. If you know someone young or old who might be home based and willing to sew patches onto vests for a reasonable fee, please contact us. So far, members have told us about:

**Sew Simple** . by Vicki 961-2386 "My fee for patches is \$2.00 for the first 5 and \$1.00 for each one over 5. My address is 1116 Magenta Court, Naperville"

**Maxi Cleaners** - 2460 S. Eola Road, Aurora, (630-236-8109) or 1012 N. Washington St. (630-357-2883). Fee is \$2.00/patch for the campout-size patch, somewhat more for larger items.

### New Member Guide and Resource Manual

Please stop and take a look at our newly republished **New Member Guide**. This colorful guide is primarily for new Dads in the program and provides a general overview of what we do. Similarly, we have polished up and re-issued the program's **Resource Manual**. This publication covers the program in much more detail.



# HERITAGE YMCA GROUP

## Big Teepee Federation

### Event Registration



**Return this form and fees to your local Heritage YMCA Group facility or fax to Shane Loy at 630.585.5560.**

The YMCA accepts its responsibility to create an environment where models of acceptable behavior are found, and prohibits its staff, volunteers, and participants from consuming alcohol at YMCA events. The Alcohol Policy will be enforced at each event. Please don't risk future participation in events!

Father/Child Name: _____	Tribe: _____
Phone # _____	Tribe Chief Name _____
New Member: Yes No	

Event	Code	Deadline	# Attending	Cost	Total (\$)
Snow Moon Campout Jan. 12-13 (Sat-Sun)	08JAN 2990	Jan 4		\$120/dad + 1 child \$30 per addn' child	
Snow Moon Campout Jan. 12-13 (Fri-Sun)	08JAN 2991	Jan 4		\$160/dad + 1 child \$50 per addn' child	
<b>Strong Kids Patch</b>	Help the YMCA never turn down someone for a program due to the inability to pay.			\$10 - voluntary donation	
<b>Total (\$)</b>					

Payment Type:	Check	Cash	Total Paid: _____
	Credit Card # _____	VISA-MC-Discover	Exp Date _____

Participants or guardian assumes all risks of injury arising out of his or her presence on or about the premises or at another location, use or intended use of equipment and facilities, or his or her participation in the activities of the Heritage YMCA Group, an Illinois chartered not for profit corporation and does hereby for himself, herself, heirs, executors and administrators waive, release, and agree to hold free from all claims for damaged the Heritage YMCA Group, and its representative officers, directors, Trustees, Board of Directors, members, employees, or agents. I hereby allow the YMCA to take pictures (still or video) of myself and/or my children and grant permission for these images to be used in YMCA publications, presentations, publicity, or promotions. I have answered all above questions accurately, declare myself/family to be physically sound, having medical approval to engage in YMCA activities, have read the information above agreeing for myself and as a chosen representative for my family to the policies and procedures of the Heritage YMCA Group.

**Signature of Participant (18 and over) or Guardian**

\_\_\_\_\_

<b>Employee Use:</b>	
Initials:	_____
Today's Date:	_____
Center:	_____

**Our Mission**

*To enhance the quality of life for families through programs reflecting Christian principles to build healthy spirit, mind, and body for all.*  
Field House • 31W290 Schoeger • Naperville, IL 60564 • (630)585-2347 • Fax (630)585-5560

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***Our Mission***

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